Recreation in the Water

The beneficial effects of the warm bubbling water unfolds immediately when you move into the thermal brine. Deepest relaxation takes place. Among soothing colours of light and meditative underwater sounds you will quickly forget everyday life. A comprehensive pleasure for body and soul.

Jugendstil Heritage

When strolling through the bathhouses and ornamental courtyards, you will experience one jewel after another. Wells of honey-coloured terracotta, nymphs and well ornaments, facades with bloom and tendril motifs. The spa establishment of Bad Nauheim is the largest coherent Jugendstil ensemble in Europe.

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Welcome to Bad Nauheim!

Besides health and wellness, we offer you a vast selection of cultural and sporting activities as well as excellent possibilities to arrange conferences and congresses. On the following pages you will find some interesting information on the city of health, a wide variety of accommodation and package deals as well as our cultural and leisure programme. We are more than happy to advise you with your travel plans and to provide assistance during your stay. So, get fun exploring, enjoying and relaxing!

Your team of the Tourist Information

Exercise outdoors

Relaxing walks in the extensive parklands of Bad Nauheim, golfing at the spa park or cycling on the Limes bicycle trail. The numerous offers for taking exercise can quickly be reached from any place of the town. Far away from noise and traffic you can gain new reserves of energy.

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Bad Nauheim –
The City of Health

With its spacious parks and an endless amount of “natural phenomena”, Bad Nauheim is the perfect place to bring body, mind and soul into harmony.

Tradition, experience and scientific research form the core competencies of the city of health. Qualified doctors, therapists, clinics, research and advanced training facilities make Bad Nauheim a leading centre of medical science!
Your Travel Destination

Bad Nauheim

Favoured by nature and climate – popular for 2500 years

All over the town historical buildings remind you of the heyday of salt production.
Between the low ranges of the Taunus hills and the cultural landscape of the Wetterau – not far from the financial metropolis of Frankfurt am Main – numerous warm saline springs emerge from the depths of the earth. The Celts already used these springs between the 3rd and the 1st century BC in order to produce salt in one of the largest salt works of that epoch.

As you stroll across Bad Nauheim, you will succumb to the city’s particular charm, its surprising cultural treasures and pleasant atmosphere. Under the rule of the landgraves of Hessen-Kassel, the salt works on the outskirts of the village of Nauheim developed into one of the largest and most modern facilities of their kind.

The “Söder” – workers at the salt works – already knew about the healing power of the natural springs. Nauheim’s crucial change from a “Söder-village” to a spa town began in the first half of the 19th century. The first saline baths opened in Nauheim in 1835. In 1854, the village received the legal status of a town and fifteen years later was awarded the designation “Bad” (“Bath”, meaning health resort). In the following decades, Bad Nauheim rose to a renowned spa for cardio- and vascular diseases. Prominent guests, the European high nobility as well as the national and international bourgeoisie stayed at the famous health resort. At their head, Empress Elisabeth of Austria (“Sisi”), the Russian Tsarina Alexandra Feodorowna and the German Empress Auguste Viktoria.

On the threshold of the 20th century, Europe was seized by a reform movement. Jugendstil – in France and England called Art Nouveau – broke with the traditions of European architecture and arts and crafts that had been rigid for decades. Health-conscious thinking became part of society’s way of life also in Bad Nauheim. Between 1905 and 1912, the architect Wilhelm Jost and members of the artists’ colony in Darmstadt shaped the new face of the town. Nature and architecture merged together harmoniously – an urbanistic masterpiece in the spirit of modern times was created.

Nowadays, Bad Nauheim is an important part of the vital metropolitan area between the rivers Rhein and Main. Designated as a top-location for medical science and research, medical therapy and sustainable health care, Bad Nauheim has found its distinctive role in the Rhein-Main area. However, its popularity reaches far beyond the borders of the region.
“Nicest are the carbonated baths. Ten thousand pearls are sitting on your skin. You look like a dewy meadow. Maybe it helps. But you feel that only later.”

Erich Kästner, who stayed in Bad Nauheim in 1930 and 1932.
Health and Wellness
The Kurbrunnen (spa spring) contains essential minerals and trace elements in a composition that is especially beneficial to organism. Furthermore, I am taking the water cure. The water tastes like herring with licorice”, writes Erich Kästner about the health-giving waters of Bad Nauheim’s mineral springs. But what starts off as an odd taste for your palate, is the beginning of a positive process of adjustment within your own body.

Drinking natural water with a high content of minerals and active components is one of the oldest-known healing methods and was already prescribed by doctors in Roman times. A detailed description of how to take a water cure goes back to German documents that were written at the end of the 15th century. In 1911, the “Bad Nauheim resolutions” achieved the nationwide uniform classification of the waters used in mineral water cures, supplemented by quality standards of the German Spa Association in 1998.

The Trinkkuranlage (drinking cure complex) that was constructed by Wilhelm Jost between 1910 and 1912 is an astonishing piece of architectural heritage, honouring the healing effect of the natural springs. As a means for prevention, rehabilitation and as a complementary component of a stay at a health resort, the mineral water cure under medical supervision works against digestive complaints, stimulates metabolism and supports your personal well-being. Last but not least, it is important to rediscover the positive experience of “right drinking” for your own health and recovery.

Located right in the city center, the water of the gorgeous “Alicebrunnen” (Alice Fountain) gushes out of several lions’ mouths into a circular, column-framed basin.

The Healing Power of the Springs
Sip by Sip to your Well-Being

Especially in fastfood orientated “hightech-times” like today, the re-learning of “healthy drinking” is of particular importance. An adult consists of about 65% of water, a constant in- and outflow of the elixir of life ensures healthy circulation and metabolism. A mineral water cure under the supervision of a spa doctor can lead you back to a healthy lifestyle and has positive effects on body, mind and soul.” Dr. med. Christa Mulch-Wiemer, spa doctor.
At the central octagonal mouth of the spring in the "Trinkkuranlage" (drinking cure complex), the healing waters of the "Kur-, Karl- und Ludwigsbrunnen" (Kur-, Karl- and Ludwig Fountains) flow together and are served.
Recreation in the Water
Deeply relaxing and stimulating

At the interface between the Taunus and the Wetterau, slightly saline water – rich in trace elements, natural carbon dioxide and iron – rises from over 200 metres underground. On its way towards the surface, the so-called thermal brine sets free more and more carbon dioxide bubbles. Eventually, these bubbles reach the Bad Nauheim Sprudelhof (fountain courtyard) where they come out steaming and foaming in bubbly fountains.

“At God’s command born from the depths of the earth, chosen to ease the pain of the living”, the inscription on the upper rim of the stone basin of the major springs invites to approach the miracle of the bath. In the past, the thermal brine was used mainly for classical spa treatments. Nowadays, the wellness orientated treatments are an expression of a new awareness of health and of the desire to do something good for oneself.

The perfect place to enjoy the bubbly, soothing warmth and other beneficial effects of the water is the Therme am Park (thermal bath at the park). Here, you can unwind for the day and experience deep relaxation and effective stress relief. Surrounded by soothing colours of light and meditative underwater sounds, stimulated by air bubbles and massaging water-jets, you will gaze at the charming, historical roofs of the Sprudelhof. Locals as well as

Relaxation pure: soothing colours of light, meditative underwater sounds and the pleasant effects of the warm bubbling waters are balsam for body and soul.
guests appreciate the peace and quiet of the spa and sauna area. Whether it is the comfortable warmth or the relaxing effect of the blossom aroma in the rose sauna: here you can take some time off and forget the hustle and bustle of everyday life. Wellness massages with essential oils, unique sauna fragrances or body scrubs as well as aqua-fitness classes combine health and wellness and are refreshing for body and soul.

Alongside these modern health treatments, Bad Nauheim has another gem in store for you: bathing like 100 years ago, when the attendant of bathhouse 3 at the Sprudelhof invites you to a nostalgic bubble bath in thermal brine. Sitting in the comfortably warm water, your eyes will wander across the room. The historical tub was made of fine Australian moa timber and is surrounded by originally maintained furniture from the beginning of the 20th century. The ticking of the historic pendulum clock marks the beginning of a fascinating journey back in time: all of a sudden, the former bathing bustle comes to life again. The ornamental courtyards and changing cubicles fill up with spa guests, and it appears as if one could hear the sound of the horses in the distance, pulling up members of the European higher nobility in their magnificent carriages. Scientists already knew at that time that all living things must have developed out of the water. In later times, it could be proved that the Bad Nauheim brine contains remains of the so-called “Zechstein-Sea” that covered Europe 250 million years ago. Where else can you experience bathing in a prehistoric sea?

**OUR ADVICE**

The Thermalbad provides a wide range of offers of thermal brine. A broad exercise programme in the natural draft and resistance of the saline water strengthens the cardiovascular system under professional guidance. Activities on offer are aqua-nordic-walking, water gymnastics or aqua-jogging. More information can easily be found online at www.therme-am-park.de.
Take a Deep Breath at the Graduation Houses

Like a sea breeze inland
The air tastes of salt and the quiet sound of millions of water droplets creates inner peace. All of a sudden nothing seems to be more valuable than time for oneself, in which the quiet ripple washes away all stress. These are moments that conjure up the famous words of Goethe’s Faust: “Then, to the moment I’d dare say: ‘Stay a while! You are so lovely!’”.

A stay at the Gradierwerke (graduation houses) is like spending a day at the seaside, relaxing and stimulating at the same time. The salty water runs 10 meters down over bundles of blackthorn. Through evaporation, fine salty droplets are set free that are caught by the wind and blown straight into your air passages. Nowadays, graduation houses are regarded as a source of health and well-being. Traditionally, they were a means to increase the salt content in the brine through evaporation. The constructions got their name from this process of “graduation”. The graduation houses are monuments of engineering as well as an emblem of the spa town of Bad Nauheim.

It was back in 1716 that Salzmeister – inspector of the salt works – Joseph Todesco changed the method of salt water graduation from the use of reed and straw to bundles of blackthorn twigs. The yield of Nauheim’s salt works improved immensely. In the middle of the 18th century General Salt Works Director Jacob Sigismund Waitz von Eschen increased the number of graduation houses to 23 with a total length of 3.700 metres. Eight impressive water wheels – such as the preserved ones at the Ludwigsbrunnen of 1740 or in Schwalheim of 1748 – and two windmills allowed the maximum utilization of wind and water power continually pumping the salt water onto the graduation houses.

The discovery of the beneficial health effects of the remaining historical monuments has given them their present function. In the inhalation room of graduation house I you can enjoy the salty air very intensely. Fine aerosol matter has a positive effect on the mucous membranes of your air passages, moistens these and increases the assimilative capacity – a liberating experience – inland!

OUR ADVICE
The guided tour “Sole und Salz” (“brine and salt”) leads you along places of historical importance like Gradierbau I (graduation house I), Großes Rad (big water wheel), Gradierbau II (graduation house II) and Solgraben (brine-creek) and teaches you a lot about Bad Nauheim.
In the clearing of the Goldstein grove, happy children’s laughter alternates with concentrated play. To begin with, one probably assumes that a spa town rather attracts guests in their second half of life, but the approach of the town of Bad Nauheim is much wider and extends far beyond age and disease. In Bad Nauheim, even the youngest benefit from a large range of activities.

The new forest playground in the Goldstein Park is a good example of this. Here, young guests will be encouraged in their physical and social development in an educational, but playful manner. On a mystery tour all around the King of Salt and his secret treasure, it all depends on physical skills and clever teamwork. Occasional references to Bad Nauheim’s legendary past as a centre of Celtic salt production were obviously not chosen by chance. The forest playground was built by the government-funded and award-winning Bad Nauheim KIKS UP initiative. The aim of the initiative is to improve the life skills of children and young adults. The complete programme can also be an extremely useful addition to any necessary therapy of children.

Everywhere in Bad Nauheim, you can feel how health combines tradition and adventure in everyday life. A stroll alongside the historic graduation houses is beneficial to your respiratory organs as well as stimulating your interest in technology. In the idyllic forest on the outskirts of the town you will literally stumble across the “Besser-Lernen-Pfad” (Better-Learning-Trail) with its programme of light exercise that has a positive impact on your brain performance. Refresh yourself at one of the wonderfully lined wells with easily digestible mineral water. The townscape of the Jugendstil health resort itself is a unique composition of peaceful parks and charming spa architecture.

Besides all tranquillity – the traditional spa is renowned for medical treatments based on the latest advances in research. However, the “city of health” is far more than just a place with ultramodern clinics, renowned doctors and significant institutions of medical research. A network of diagnostic and therapeutic facilities guarantees optimal medical care for the patients. The Heart-, Lung- and Vascular Campus is a nationwide unique centre of medical science. Here, three partners

Network for Health
Medical experts work hand in hand

Whether prevention or cure – a stroll along the graduation houses is beneficial to the respiratory organs.

Arousal imagination and soothing the hunger for exercise: Climbing wall for “experts” on the forest playground in the “Goldsteinpark” (Goldstein Park).
combine and complement their expertise: the Kerckhoff Clinic with the Kerckhoff Rehabilitation Centre and the clinic’s own research institute, the HELIOS William Harvey Clinic as well as the Diabetes Clinic. The speciality clinics cooperate closely with the Max Planck Institute for Heart and Lung Research, where clinically oriented research is carried out on an international level. Here, research groups from all over the world find an ideal environment for their work. The results are subsequently incorporated into the optimisation of patient care. It is the coexistence of acute medicine and rehabilitation that allows the patient to stay in one location while fully recovering. This is an invaluable advantage because the patient draws new strength from the gained peace and quiet.

In Bad Nauheim, health is not just understood as the opposite of illness. Health rather means physical fitness, mental vigour and a distinct zest for life. A trip to Bad Nauheim is worthwhile for everyone that wants to do something good to his body and soul.

Thanks to highly specialized treatments and innovative therapies, including the location-based natural remedies, Bad Nauheim provides the best requirements for becoming and staying healthy.

OUR ADVICE
Lectures, a variety of hands-on activities and a large health fair in the course of the Bad Nauheim Health Days are waiting for you every other year in September. The focus will be on the effective promotion of a healthy lifestyle. Health facilities and clinics will introduce themselves and their variety of services, associations, self-help groups and specialized exhibitors will present their current range of health care products.
“The main charm of the spa complex lies indeed within the combination of architecture and nature which was sought, maintained and emphasized intentionally.”

Wilhelm Jost, chief architect of the spa facilities in Bad Nauheim
Jugendstil Heritage

The perfect symbiosis of architecture and nature
The view from the “Sprudelhof” (lit. fountain courtyard) to the “Kurpark” (spa gardens) shows bathhouses that are connected by arcades, assembled symmetrically around a central fountain. Functional buildings and interiors of the bathing complex merge into works of art that put the visitor into a cheerful and charming magical world surrounding the elixir of life - water.

Those who enter the Bad Nauheim Sprudelhof (fountain courtyard) are sure to be fascinated. From the upper level of the large flight of stairs, between two gatehouses, you can enjoy the beautiful view of Bad Nauheim’s landmark. Bright, white walls with carved limestone ornaments invite you to a stroll through the bathing complex built at the beginning of the twentieth century. Large clock towers rise above you. Calmingly clear shaped arcades enclose a courtyard whose centre is characterised by a monumental basin with bubbly fountains. Your eyes wander towards the Kurpark (spa gardens), to which the Sprudelhof opens and creates a harmonious transition to the parkland – the perfect symbiosis of architecture and nature.

On the threshold of the 20th century, science, technology and medicine made breathtaking progress. People’s lifestyles and attitudes towards life changed considerably at that time. Driven by a desire to compensate the hectic of city life and by the wish to live in harmony with nature, a new philosophy of life emerged. This philosophy has a sonorous name that stands for freedom and fantasy, for design and life: Jugendstil. The shapes of the natural world served as an inspiration for artistic design.

“My Hesse is to flourish and with it the arts” were the economic considerations of Ernst Ludwig, Grand Duke of Hesse and by Rhine, who reigned at that time. Rightly so, he was regarded as an artloving and progressive personality. He realised very early that art could advance the economic development of his country, and in 1899, he united significant representatives of Jugendstil to an artists’ colony on Darmstadt’s “Mathildenhöhe”. From 1905 to 1911, architects and artists from the Darmstadt artists’ colony were charged with the construction of a completely new spa complex in Bad Nauheim: the architect Wilhelm Jost designed the Sprudelhof. Renowned artists such as Jakob Julius Scharvogel, Friedrich Wilhelm Kleukens, Albin Müller and Heinrich Jobst cooperated with the artistic decoration. They created a work of art that now represents Europe’s largest coherent Jugendstil ensemble. Captivated by the outside of the Sprudelhof, one gets impatient to discover the interior. Those who enter bathhouse 3 put their feet into a round waiting room that is characterised by
Sensual pleasures of a special kind promises a visit to the “Badehaus 3” (bathhouse 3): while you will be pampered with culinary treats in the exclusive ambiance of the Jugendstil-Café, the historic baths right next door invite you to a bubbly carbon dioxide bath. Enchanting scents of richly blooming climbing roses and quiet seats offer pure relaxation during the summer months in the “Rosenhof” (rose courtyard).

colourful and golden mosaics. Tastefully decorated pilasters support a stucco dome that spans the hall. Bit by bit the bathhouses and ornamental courtyards reveal one gem after the other: ceramic masks, fountains made of honey-coloured terracotta, carbon dioxide bubbles, mermaids, wave ornaments and sea horses – the reference to water as a source of health is omnipresent and a speciality of Bad Nauheim’s Jugendstil. Only few towns have such well preserved, coherent ensembles of Jugendstil buildings. Partly within sight of each other, you will discover buildings that serve entirely different purposes. The Trinkkuranlage (drinking cure complex) with its colonnades and the basin with an orchestra shell was built from 1910 until 1912. The adjoining Kurbrunnen-Tempel (spa spring temple) was given the title of “baptistery of healing waters”.

Memories of ancient thermal baths come to life when looking at the neighbouring pump room with its golden mouthpiece for the spring. The former inhalatorium, now public library and “House of Guests”, was built as early as 1901/02. It is built in the tradition of the Historical Revival, but at the same time it presents the earliest examples of Jugendstil in Bad Nauheim.

The centre of cultural and social life is, and remains, the theatre in the former Kurhaus (spa house). Its glorious decor in late Jugendstil makes every visit a true enjoyment. The railway station that was built in 1912 is part of the Jugendstil epoch, too, although its structure and decoration correspond to baroque architecture. However, the bust of Hygieia, the goddess of health, allegorised with salvation bringing snakes, clearly points to Jugendstil. Thus, the goddess also finds her place of honour at the Beneke fountain. Accompanying marine animals symbolise water as the source of life while dancing angels represent youth and health.

Jugendstil elements can not only be found among the town’s public buildings, but also at hotels, guest-houses and private homes that were once erected in the so-called “Darmstadt style”. Bad Nauheim’s townscape is still shaped by the charm of this optimistic era. And just like many decades ago, the unique sense for shapes of Jugendstil still has the same breathtaking effect on the guests of the city of health.

**OUR ADVICE**

The Tourist Information offers guided Jugendstil-tours in English. Get to know the history of Bad Nauheim’s landmark, the technical refinement of the establishments, and the impressive atmosphere of Jugendstil.
Bad Nauheim is intrinsically tied to the “Queen of Flowers”. In summer, a gorgeously flowering rose avenue leads visitors to the village of Steinfurth, Germany’s oldest rose village. For 140 years, roses have been cultivated there and are sent all over the world. In 1868, Heinrich Schultheis brought the skill of rose growing back from his travels through England. That completely changed his home village where still today two million roses are produced every year. The large fields let the abstract numbers appear as a bright and vivid image. With each of the roses standing right next to each other, the most diverse colours and shapes can be found.

For centuries, the beautiful flower has fascinated people by the harmonious shape of its blossoms and its colours. The decisive perception is made by the nose! As soon as your sense of smell reaches the heart of the rose, emotions or memories are set free. Rightly so, a fragrant rose bouquet has been an expressive symbol of affection for millennia. However, the Queen of Flowers is not only beautiful, but also has a positive impact on your well-being: the rose can be stimulating when you are exhausted and soothing when stressed.

One of the “rosy” highlights in the calendar of Steinfurth is the Rose Festival, celebrated every second year in July. It attracts rose-lovers from all over Europe. From Friday to Monday, everything is about the rose. The gorgeous flower even found a dignified representative, embodied by the Rose Queen. Here, you can stroll through the rose market and get inspired while notable rose suppliers present their show.
gardens. A diverse festival programme entertains with many activities, and during the rose parade on Sunday, thousands of spectators are cheering for the magnificently decorated floats. The diverse scents, forms and colours of roses in the streets and squares are illuminated by magic fireworks at night: in order to celebrate the end of the festival on Monday night, hundreds of firework rockets conjure glittering blossoms into the night.

The unique Rose Museum presents the art and cultural history of the rose and reveals why the rose is the symbol of femininity, love, beauty, evanescence and secrecy. Visitors learn how roses are cultivated and can admire porcelain, books and art that revolve around the Queen of Flowers. Enjoy all kinds of fragrances at the “Scent Bar”, learn to distil your own rose water or learn how to prune the delicate plants professionally. Those who have visited Steinfurth know that the rose is not just a flower like any other. The rose is a work of art, cultural asset, wonder of nature, symbol of beauty – in short: a world of its own!

Rose growing has marked the face of the village of Steinfurth since the nineteenth century. Every second year a festival is dedicated to the Queen of Flowers. Its climax is the rose parade with magnificently decorated floats.

OUR ADVICE
Visit the Rose Days in Steinfurth in June and the Rose Festival in July! Everything revolves around the motto “Rose Delights”. Rose suppliers open up their doors to visitors. Culinary treats, lectures as well as many more attractions await you. The Rose Days and the Rose Festival alternate every year.
The annual Elvis Festival attracts fans from all over the world. Films and photos of the star are shown in the historical Trinkkuranlage.

**Elvis — A Legend**

Elvis once lived in Bad Nauheim

When the “King of Rock ‘n’ Roll” started his military service on 1st October in 1958, Bad Nauheim soon became his “European home”. Elvis left exciting traces throughout the town, which still fascinate his fans today.

The famous “European Elvis Festival” has been hosted in Bad Nauheim since 2002. It takes place every year round about the time of his death on 16th August. At festival time, Rock ‘n’ Roll becomes the sound and spirit of the whole town! Guests from all over the world celebrate their legendary star with famous bands, movies, art exhibitions, Cadillac and Harley parades.

The festival sets Elvis and his music into relation with the spirit of the past and this makes it much more than a mere reproduction of the musical work.

A trip to Bad Nauheim is a great experience for Elvis fans at any time of the year. Those who want to follow the traces of the King of Rock ‘n’ Roll can do this regularly with a tour guide who takes visitors on a journey back in time to the 1950s and 60s. Peppered with many interesting anecdotes, the tour is the perfect way to discover the most important sites of Elvis’ European home. Only one week after the singer himself, his father, his grandmother as well as two of his friends and bodyguards arrived in Bad Nauheim and rented a whole floor in the Grunewald Hotel in the Terrassenstraße. The “Elvis-Room” N°10 has been preserved in its original state until today. Just next door to the former Grunewald Hotel there is the Elvis-Presley-Platz (Elvis Presley Square) with the “Elvis-Stele”. The stelae has become a real place of pilgrimage for fans who lay down flowers and messages written in all languages in the world. Two very popular photo motifs definitely are the bridge over the Usa creek and the Burgpforte (castle entrance) where the record cover of “A Big Hunk O’ Love” was created.
Fans love to pose for photographs there, just as their idol did years ago. Close to the public library there is another exciting attraction: the private house 14, Goethestraße, where “the world’s most famous soldier” relocated to with his father Vernon, his grandmother Minnie Mae and friends in 1959. This is also where the love story between him and his Priscilla began. Elvis lived in 14, Goethestraße until the end of his military service in March 1960.

Those with a sweet tooth can even follow their idol in a culinary way: in the Café Bienenkorb (Beehive Café) the original Elvis Chocolate Cake was baked and given to Elvis as a surprise on his 25th birthday. To walk off the calories after the sweet treat, you should take a stroll to the graduation house IV where Elvis used to play soccer regularly. There are still people throughout the region who can tell their stories about the world’s most famous hipswinger: among them are the postman who personally delivered the star’s telegrams and letters and the hairdresser who cut his hair regularly.

OUR ADVICE
The King of Rock’n’Roll is back. Every year in August, round about the anniversary of his death, the Bad Nauheim episode in the life of Elvis Presley is celebrated with concerts, exhibitions, guided tours and a lot more. Further information can easily be found online at www.european-elvis-festival.de.
Bad Nauheim by all Rules of Art

Concerts, theatre, galleries and many more highlights

It is said that art illuminates the soul. If that is so, Bad Nauheim awaits you with true fireworks. Whether concerts, theatre or galleries – not only spa guests and tourists appreciate the cultural panorama of the town. The residents of Bad Nauheim, too, make use of the wide range of activities with great passion. Lovers of classical music always look forward to the annual symphony concerts in the Dolce Theatre. For more than ten years, the Bad Nauheim Philharmonic Chamber Orchestra has been part of an orchestra tradition that is regarded as a cultural highlight of the year. The stunning Jugendstil architecture of the theatre is a unique setting for the series of concerts. Apart from concerts, the 250-squaremetre large stage also presents plays, ballet performances, lectures and variety shows.

For those who prefer “light” entertainment, the Theatre at the Park is the proper place. Here, a miscellaneous genre programme is performed: from cabaret, comedy and drama to minor arts and music. The historic annexe in 21, Ludwigstraße, which once served as a dining room, has been elaborately restored. Its decorated walls and ceiling, gorgeous furniture and valuable paintings bring the atmosphere of the “roaring twenties” back to life. Young art, however, can be experienced in the TAF, the “Old Fire Station Theatre”. Its ensemble – students and young professionals, together with the Cultural Department of the town – have converted the historic bathhouse 2 of the Sprudelhof to their venue. In this magnificent ambience, every performance is turned into a special experience.

Your cultural journey a cross Bad Nauheim is far from over! Local galleries offer a wide selection of paintings, sculptures or installations. Moreover, changing exhibitions can also be visited in the landmarked Trinkkuranlage. Horse-shoe shaped colonnades lead you to an impressive basin and orchestra shell. Besides sophisticated exhibitions, the complex of buildings is also used for the Elvis Festival and the Jugendstil Festival as well as for literature, art and music events.

On the outskirts of the town, the road leads you to the Rose Museum in the district of Steinfurth. Here, everything revolves around the art and cultural history of the Queen of Flowers. Changing exhibitions offer something new every time. After all these impressions for your eyes and ears, your sense of smell can come to its own. A captivating fragrance fills the air over the gardens and surrounding fields as Steinfurth is a renowned centre of rose growing.

OUR ADVICE
Embedded in the clearings of the forest park, fascinating works of sculptor Gerhard Burk are presented. 77 large sculptures impress by their atmospheric symbiosis of art and space.
Event highlights

Bad Nauheim attracts with a great variety of events

Already 100 years ago Bad Nauheim inspired an international audience of spa guests with its unique spa facilities in Jugendstil, varied gardens and parklands and lush rose fields. Thus, it is no surprise that the city of health still highlights its “green” side with top-class botanical events: starting from the Art and Garden Market in the city center in late April, to the garden festival “Cottage Garden” in the romantic “Goldsteinpark” (Goldstein Park) in mid-May, to the “rosy” highlight – the Steinfurth Rose Festival which is celebrated every second year in mid-July. Here, Germany’s oldest rose village celebrates the Queen of flowers with an unimaginable flowerage and the rose parade, a procession with richly decorated floats, attracts thousands of visitors to the district of Bad Nauheim.

Every year in August, the European Elvis Festival is devoted to the musical heritage of the most famous soldier of the spa town – Elvis Presley – who made Bad Nauheim from 1958 to 1960 his European home. For three days the King of Rock ‘n’ Roll is celebrated with concerts, exhibitions, classic car-parade, guided tours, live-interviews with contemporary witnesses and much more.

Contemporary and cultural history of a different kind are the focus of the Jugendstil Festival in September: the center of attention are the 1904–1912 built bathing and spa facilities of the health resort whose ornamental waiting halls, cozy ornamental courtyards and richly decorated fountains form a complete work of art, Europe’s largest closed Jugendstil ensemble. The festival with its Jugendstil Restorer and Artisan Market in the “Arkadenhof” (Arcade Courtyard) of the historic “Trinkkurallage” (drinking cure complex) allows visitors to immerse themselves in the period around 1900 – and illuminates “Wellness von annodazumal bis heute” (“wellness from back then to now”), for example with a bubbly carbon dioxide bath in the historic bathtubs of the “Badehaus 3” (bathhouse 3).

Towards the end of the year appears the nostalgically tinged Christmas Market in pre-Christmas Bad Nauheim. Fountains enveloped in white mist, a “Sprudelhof” (lit. fountain courtyard) submerged in the scent of mulled wine, roasted almonds and Tarte Flambee, trees hung with glittering lights and oriental-style lamps at the transition to the brumal “Kurpark” (spa gardens) form at the third weekend in Advent the atmospheric backdrop for Christmas shopping in a historic setting.

OUR ADVICE

A detailed overview of all event highlights in Bad Nauheim as well as information on all monthly events can easily be found online at www.bad-nauheim.de or at the Tourist Information.
“It is one of my greatest achievements in my nearly fifty years of independent work.”
Landscape gardener Heinrich Siesmayer about the spa gardens in Bad Nauheim
Nature and Parklands
SIESMAYER’S LEGACY

Timeless fascination of English landscape parks
During Bad Nauheim’s great history as a world-renowned health resort, new parklands have been added time after time. Today, the parks spread into all directions, into the outdoors, from forests to open plains. In 1855, Elector Friedrich Wilhelm I. approved the brilliant design of Heinrich Siesmayer, whose simple pencil-sketch became the basis for the construction of the Bad Nauheim spa gardens.

Old trees, dense bushes, airy open spaces, idyllic ponds and botanical rarities form a landscape of great harmony in the style of English landscaping. Curved pathways alongside the Usa creek lead visitors to the large pond where water fountains are shooting up and rowing boats are circling on the water. Your gaze wanders to the pond house that was built on behalf of Landgrave Wilhelm in 1780. The landgrave – who was regarded as a true Don Juan – had the house built for one of his queens of heart.

The romantic view across the large water surface towards sunset still today makes the pond house the ideal location for a rendez-vous. However, there is a whole lot more going on now than back in the 18th century. In the meantime, many guests and locals have spotted the beautiful lakeshore for themselves. The pond house with its large terrace offers a flourishing gastronomy with a lovely beer garden, but there is also some peace and quiet among the hustle and bustle: hidden benches in cozy corners or a spot for you to sunbathe on the large deck that was built in the course of the Hessian Garden Show.

On your way to the former Kurhaus (spa house) you will discover the green shores of the small pond with its fern gardens. Just a few steps further, the park opens up to a view of the former spa house with its Jugendstil theatre. Here, you can play minigolf, chess and boules under the shady trees. Apart from that, the great panorama has changed so little that it would still seem familiar to the old elector.

**OUR ADVICE**

Be part of a special guided tour across the “Kurpark” (spa gardens) organized by the Tourist Information. Experience botanical rarities such as the tulip tree and catalpas and enjoy amusing anecdotes about the history of one of Germany’s largest spa gardens and its creator.
A DAY IN THE PARK

Relax, discover and experience

From the lookout “Marienruh” your eyes will wander from the cascades of a waterfall to a peaceful pond and from there on to the nicely curved shores of the Usa creek. This is not the description of a destination in Bad Nauheim’s surrounding countryside. This idyllic spot can be found right in the middle of the city in the spacious historic “Kurpark” (spa gardens), only a few minutes away from the pedestrian zone. Nature, culture, architecture – all of this is combined in Bad Nauheim.

This is also nicely reflected in the rondel of chestnuts: originally created by Siesmayer as an intersection of the two main urban line of sights, the fountain of the spacious rondel offers a unobstructed view of tradition and modernity. Leaving the Italian Renaissance style “Kurhaus” (spa house) behind, you look to the east across the “Bahnhofsallee” up towards the “Goldsteinpark” (Goldstein Park). This modern public park was created in the course of the Hessian State Garden Show 2010 and transformed the once overgrown Goldstein grove into a charming green landscape of forest and meadows. In addition to large open spaces for open-air events and meadows for sports and games you can always find niches and benches for picnics and relaxation. Due to its unique forest playground with 12 different game stations surrounding the “enchanted”, mazelike wooden house with a giant slide, Goldstein Park attracts families in any season.

Walkers enjoy a magnificent view across the modern park up to the Johannisberg and the nearby Wettertal region from the top of the “Goldsteinturm” (Goldstein Tower). The tower rises at the end of cascading grass stairs which are beautifully decorated with flower beds. The 100 year old, concise construction is part of historic water works which were built above the former Goldstein grove. At the height of Bad Nauheim’s saline, the water works also served as a growing area for blackthorn bushes whose branches were needed for the assembly of the city’s various graduation towers.

The second green axis that continues to shape the face of the city follows the Usa creek in north-south direction. Alongside the shore, the route leads from the Great Pond to the rondel of chestnuts and the colonnades towards the gorgeous Rose Garden in front of the “Trinkkuranlage” (drinking cure complex). Everyone picks a favorite spot: the Rose Garden designed according to aspects of modern horticul-
Large meadows in the “Kur- und Goldsteinpark” (spa gardens and Goldstein Park) invite for relaxation.

“Entering welcome” is the motto of the “Südpark” (Southern Park) which is only a few minutes’ walk south of the “Trinkkuranlage” (drinking cure complex). Surrounded by one of Bad Nauheim’s most beautiful graduation houses and the Usa creek this green oasis in the middle of the city invites visitors to stroll, relax and sunbathe on the provided deck chairs. The “Südpark” (Southern Park) especially attracts children because of its spacious water playground where little ones and adults find themselves oblivious amongst rocks, water and sand.

From anywhere in Bad Nauheim’s city center the next green space can be reached in only a few minutes. And those who find the walk along the historic axes from Johannisberg across the “Kurpark” (spa gardens) to the “Goldsteinpark” (Goldstein Park) or from the Great Pond to the “Südpark” (Southern Park) not long enough, are hereby invited to a walk of galactic distances. The “Planetewanderweg” (Planet Walk) covers 6 milliards of kilometers from the sun into space to the frosty outpost of Pluto. However, on a somewhat reduced scale. In between the “Goldsteinturm” (Goldstein Tower) and the public observatory on the Johannisberg, the artist Rainer Landgraf erected ten large sculptures with mythological motifs that represent the sun and its planets. Welcome – light years away from everyday life!

**OUR ADVICE**

Between the trees one finds the custom-built adventure forest-playground where children can let their imagination run free and be furthered in their development.
Exercise Outdoors

Refreshing body and mind in the open air

Exercise in the outdoors means getting fresh air, stimulating heart and circulation and refilling your energy reserves. On the spa trails, you can enhance your recovery under medical supervision with minimal exertion. A total of 200 hectares of parks invite you to relaxing walks, far away from the traffic. The parks are within easy reach from any part of the town. Alongside an avenue of chestnuts, the road leads from the spa gardens over to the rose garden and the Trinkkuranlage, and continues into the direction of the “health garden” at the graduation house II. The modern garden concept quite deliberately takes aspects of health into account. A herb garden, a Kneipp basin, rest areas and exercise stops playfully teach you healthy and supportive movements. There is a vast selection of sporting activities: tennis, squash and badminton as well as horseback riding, ice hockey or swimming.
in the Usa baths that include an outdoor swimming pool and a giant waterslide. Golf lovers will be impressed by the 100-year-old nine-hole golf course that lies in heavenly peacefulness directly at the spa gardens.

All around Bad Nauheim, forests, orchards and fields define the image of the Wetterau – one of Germany’s oldest cultural landscapes. Even the Romans appreciated the advantages of the so-called “granary of the region” and protected the area with today’s UNESCO World Heritage “Limes Germanicus”.

The physically fit are invited to follow the ancient wall on a biking trail to observation towers, forts and shelters. Thematic cycling tours such as the Celtic route or the cider route guide you across the meadows and through the varied landscape of the historic Wetterau. Alongside the new Usa biking trail as well as on the nearby Hessian long-distance bike route R6, you can make active biking tours in the direction of the Taunus and the Vogelsberg. Enjoy longer day walks on well-marked paths in the surrounding forests, in the nearby natural park Hoher Taunus or on the heights of the Vogelsberg.

OUR ADVICE
Whether you like it comfortable or sporty – experience the Wetterau with its wonderful landscapes on foot or by bike. The Bad Nauheim Tourist Information offers guided tours into the Taunus and Wetterau on every weekend. Detailed maps are available at the Tourist Information or online at www.badnauheim.de.

Bodily and breathing exercise outdoors. On the wooden deck at the Big Pond, beginners as well as advanced participants can practice yoga techniques under expert guidance.

Exercise outdoors gives pleasure and is wholesome – for example across the rose garden in front of the Trinkkuranlage (drinking cure complex).
“We are staying in Bad Nauheim Germany. It is lovely here”  Franklin D. Roosevelt, 30th May 1891.
Guest in Bad Nauheim
### OVERVIEW OF THE DIFFERENT INDICATIONS OF THE CLINICS IN BAD NAUHEIM

For any further information, please contact the Tourist Information.

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*Bad Nauheim, December 2011*
SERVICE OFFERED BY THE TOURIST INFORMATION

The team of the Bad Nauheim Tourist Information assists you in word and deed in the planning and realization of your stay in Bad Nauheim. Whether you are looking for information about Bad Nauheim or concert tickets, want to plan your holiday, a congress for your enterprise or just need a good tip – we are sure to find a solution for your concern – and we are looking forward to your visit.

Our services
- personal advice and detailed information about Bad Nauheim
- tips for excursions in the area
- daily guided tours about different subjects
- booking of group tours
- guided cycling and walking tours
- help to find accommodation
- sale of tickets for events
- sale of souvenirs, literature, cycling and hiking maps
- all-inclusive programmes for individual and group journeys
- sale of daily or annual spa visitors’ passes

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Opening hours: Mo. to Fri. 10 a.m. to 6 p.m.
Sa., Sun., holidays 11 a.m. to 4 p.m.
You can contact our Tourist Information on 365 days all the year round.

We don’t leave quality to chance
For its efforts round about the service for guests and visitors the Bad Nauheim Tourist Information was awarded the quality seal “Servicequalität Deutschland” in May 2010 – advocated by “Deutscher Tourismusverband DTV”. Within this initiative the achievements and working procedures were examined and systematically oriented to the guests’ wishes to attain first-class service. The quality seal is the first comprising national quality management system that takes the idea and quality of service and management into account and contributes to the continual optimization of service.

SUBURBS OF BAD NAUHEIM

Schwalheim An excursion to the south-east leads you to the big wheel at Schwalheim. By means of a structure of wooden poles it helped to operate the pumps transporting salt water on to the graduation houses IV and V of the Nauheim salt works.

Wisselsheim The “home of Wizzo” used to be noted for its salt works which were in operation till 1830. Near the farmyard Löwenthal, there are the salt meadows of Wisselsheim, a nature reserve. The church at Wisselsheim, built in 1550, is worth seeing, too.

Rödgen The name of this suburb in the east of Bad Nauheim is derived from “kleine Rodung” (small clearing). During the construction of a new school building in 1960, archaeologists discovered traces of a former Roman camp – 3.3 hectares in size – which had served as a supply camp for Roman campaigns into Germany about 10 B.C.

Nieder-Mörlen A special attraction in Nieder Mörlen, situated in the north-east of Bad Nauheim, is the geological garden. It enables visitors to take a journey through the historical development of the planet Earth.

Steinfurth The rose village is today known far beyond the borders of Germany. It is the home of the unique Rose Museum for the cultural history of the rose. Every second year, the Rose Festival with its rose queen, its rose parade, show gardens, the rose market, and numerous events attracts tens of thousands of visitors.
We invite you to get to know our town with all its fascinating aspects. We gladly tie up an individual programme for you – whether you prefer a guided tour across the Kerckhoff campus, a hiking tour along the Limes on the traces of the ancient Romans, or an exclusive look at one of the rose enterprises at Steinfurth. We offer a wide range of guided tours in English and other languages. Please contact the Tourist Information.

Guided tour – Jugendstil
The largest coherent Jugendstil ensemble in Europe fascinates by its breathtaking beauty and its numerous lovingly formed details. Get to know the history of Bad Nauheim’s landmark, the technical refinement of the establishments, and the impressive atmosphere of Jugendstil.

Guided tour – Experiencing the roses
Experience roses with all your senses. On such an unusual tour, you will be enchanted by the fragrance of roses, fabulous rose stories, and speaking flowers – samples of the Queen of Flowers included.

Full speed ahead
A particular experience for all generations expects you on a journey through the cultural landscape of the Wetterau on board the museum train of the Wetterau railway friends.

Guided tour – on the traces of Elvis Presley
Those who want to follow the traces of the King of Rock ‘n’ Roll can do this with a tour guide who takes visitors on a journey back in time to the 1950s and 60s. Peppered with many interesting anecdotes, the tour is the perfect way to discover the most important sites of Elvis’ European home.

Guided city tour
This tour of the town along historically important places like the Sprudelhof (fountain court), the Kurpark (spa gardens) or the Reinhardskirche (Reinhard church) leads you through Bad Nauheim’s rich and manifold history from the Celts, the Romans, and the Franconians up to our century.

Children’s tour
Exciting adventure tours about different subjects make history and culture come alive for children, for example the children’s rally: Under the motto “Children experience Jugendstil” young visitors are playfully made familiar with the epoch round about 1900.

Tour with the night watchman
“Listen, people, to what I have to tell you ….”. This is the night watchman’s call. In his medieval outfit and with his lantern and halberd he guides his guests through historical parts of the town in the evening.

Guided tour – brine and salt
The guided tour “Sole und Salz” ("brine and salt") leads you along places of historical importance like Gradierbau I (graduation house I), Großes Rad (big water wheel), Gradierbau II (graduation house II) and Solgraben (brine-creek) and teaches you a lot about Bad Nauheim.

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EXCURSIONS IN THE REGION

Bad Nauheim is the ideal starting point for excursions and business trips in the Rhein-Main-area. Fairs and events in Wiesbaden, Frankfurt, or Darmstadt can easily be reached by car or train in less than 50 minutes. The number of cultural possibilities is inexhaustible: first-class museums, centuries-old monasteries, castles and palaces. No other region in Germany offers such a variety within a limited area. And in the evening, it is always nice to return to the idyllic Bad Nauheim.

Information available at:

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www.wetteraukreis.de

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info@vogelsberg-touristik.de
www.vogelsberg-touristik.de

Whether hiking or Nordic walking, cycling or mountain biking, riding on horseback or cross-country skiing – the Taunus and the Vogelsberg hills, and the Wetterau close to Bad Nauheim offer optimal possibilities for all kinds of activities in the open air in a varied countryside.

Taunus
- Hessenpark (Hessian open air museum)
- Roman Fort Saalburg
- Opel Zoo
- Forest Adventures Friedrichsdorf
- Lochmühle (amusement park)
www.taunus.info

Bad Homburg
- Homburg Castle
- Sinclair House
- Russian and Anglican church
- Taunus Thermal Baths
www.bad-homburg.de

Wiesbaden
- Seat of the Hessian government
- Casino
- Russian Church
www.wiesbaden.de

Darmstadt
- Mathildenhöhe
- Waldspirale by Hundertwasser
- Darmstadt Castle
www.darmstadt.de

Gießen
- Mathematical Museum (mathematics for everybody)
- Liebig Museum
www.giessen.de

Vogelsberg
- National Park Hoher Vogelsberg
- Volcano cycling and hiking trail
- Laubach Castle
www.vogelsberg-touristik.de

Wetterau
- Friedberg Castle
- Friedberg Jewish Bath
- Münzenberg Castle
- Celtic World at the Glauberg
- Büdingen Castle
www.wetteraukreis.de

Frankfurt am Main
- Skyline
- Stock Exchange
- Siesmayer’s Palm Garden
- Museumsufer (a series of famous museums)
- Zoo
www.frankfurt.de